

# North Cedar Jr. Cheer Clinic

Come cheer with the North Cedar High School Cheerleaders as they host a Jr. Cheer clinic! Participants pre-K to 6th grade are invited to join as they rotate learning jumps, motions, cheers, and a short pom routine.

## Clinic

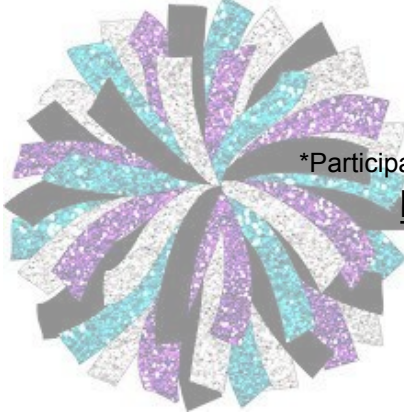
Thursday, September 5th  
North Cedar High School Theater  
3:30 p.m.- 6:00 p.m.

Parent are responsible for pick up

\*Participants should wear comfy clothes and tennis shoes.

## Performance \*THEME USA\*

Friday, September 6th  
North Cedar HS Football Field  
Game starts at 7:00 p.m.  
½ time of Varsity Football Game



Registration includes a snack, shirt, poms, and free admission to the football game for participants. There will be no guarantee of a shirt or poms with late registration. Cheerleaders should wear their clinic shirts and have hair pulled up if possible for Friday's performance.

**Please detach this form and return to your school office or mail to: North Cedar High School Cheer P.O. Box 310 Clarence, Iowa 52216. Registration forms and \$35 are due by Thursday, August 29th.**

If you have any further questions please contact Coach Darts at [cdarts@north-cedarstu.org](mailto:cdarts@north-cedarstu.org) or call 563-452-3179

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Participants Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent(s) Name: \_\_\_\_\_

Phone #: \_\_\_\_\_ Emergency #: \_\_\_\_\_

Known Allergies or Medical Issues: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

T-shirt Size: Youth S Youth M Youth L Adult S Adult M Adult L

Parent consent: I give my child permission to participate in the clinic and will not hold North Cedar Schools responsible for any injuries while at the clinic.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*Checks Payable to NCHS Cheer